

2017 Newborn Basics Groups

Wouldn't it be nice if babies came with a guide book? HealthNet's Newborn Basics Groups offer the chance to learn more about caring for your newborn in the first month of life. This includes "The Happiest Baby on the Block" soothing techniques. You will get a snack, BABE coupon and a baby item.

Register

You can sign up for a group 3 ways: at your health center visit, online through your Patient Portal, or call 317-957-2022. If you have already had your baby, feel free to bring your baby with you. Please have child care plans for older children. This class is free as a part of your OB care.

Tuesday, July 18 5:30 p.m. - 8:00 p.m. Northeast Health Center 3908 Meadows Drive

Indianapolis, IN 46205

Tuesday, August 15 5:30 p.m. - 8:00 p.m. Northeast Health Center 3908 Meadows Drive

Indianapolis, IN 46205

Thursday, September 21 5:30 p.m. - 8:00 p.m. Southwest Health Center 1522 W. Morris Street Indianapolis, IN 46221

Tuesday, October 10 5:30 p.m. - 8:00 p.m. Barrington Health Center 3401 E. Raymond Street Indianapolis, IN 46203

Tuesday, November 14 5:30 p.m. - 8:00 p.m. Northeast Health Center 3908 Meadows Drive Indianapolis, IN 46205

Thursday, December 14 5:30 p.m. - 8:00 p.m. Southwest Health Center 1522 W. Morris Street Indianapolis, IN 46221



Registering through your Patient Portal

- 1. Log into your Portal account
 - If you do not know your username or password, select the option "Can't access your account?"
- 2. Create a "General Message"
 - Facility: Choose your health center
 - **Provider:** Choose your OB provider
 - Subject: Type "Newborn Basics Group" in the subject line
 - **Message:** Type the date of the class you would like to attend
- 3. Click "Submit"

You will be contacted to confirm your registration.